

	Monday 14-Jan	Tuesday 15-Jan	Wednesday 16-Jan	Thursday 17-Jan	Friday 18-Jan	Saturday 19-Jan	Sunday 20-Jan
	<ul style="list-style-type: none"> GF Scrambled Eggs GF Pork Sausage Patties GF Turkey Bacon V French Toast Ve Tater Tots V Grits V Biscuit and Gravy GF Eggs and Omelets to Order V Belgian Waffle 	<ul style="list-style-type: none"> Frisco Sandwich Turkey Sausage Patties V Waffle Sticks VeGF Shredded Hash Browns V Oatmeal V Biscuit and Gravy GF Eggs and Omelets to Order V Belgian Waffle 	<ul style="list-style-type: none"> GF Scrambled Eggs GF Canadian Bacon Turkey Link V Buttermilk Pancakes VeGF Potatoes O'Brien V Cheesy Grits V Biscuit and Gravy GF Eggs and Omelets to Order V Belgian Waffle 	<ul style="list-style-type: none"> GF Bacon, Egg, and Cheese Biscuit GF Turkey Bacon V French Toast Sticks VeGF Hash Brown Patty V Cinnamon Apple Oatmeal V Biscuit and Gravy GF Eggs and Omelets to Order V Belgian Waffle 	<ul style="list-style-type: none"> GF Scrambled Eggs GF Crispy Bacon Turkey Sausage Patties V Cinnamon Rolls Ve Tater Tots V Grits V Biscuit and Gravy GF Eggs and Omelets to Order V Belgian Waffle 	<ul style="list-style-type: none"> GF Scrambled Eggs GF Pork Sausage Links GF Turkey Bacon V French Toast Sticks VeGF Shredded Hash Browns Grits Grits Belgian Waffle 	<ul style="list-style-type: none"> GF Scrambled Eggs GF Crispy Bacon Turkey Sausage Links V Waffle Sticks VeGF Home Fries Oatmeal Belgian Waffle
	<ul style="list-style-type: none"> Made to Order Omelets Cheddar and Mozzarella Cheese Ham, Bacon, Sausage Peppers, Onions, Mushrooms Tomatoes, Black Olives Jalapeno Peppers, Spinach 	<ul style="list-style-type: none"> Burritos Flour Tortilla Seasoned Ground Beef, Black Beans Shredded Cheese, Guacamole Lettuce, Tomatoes, Jalapenos Salsa and Sour Cream 	<ul style="list-style-type: none"> Smokey Mountain Hot Chicken Breast Crispy Chicken Breast Toasted White Bread Pickles 	<ul style="list-style-type: none"> Loaded Mac and Cheese Buffalo Bacon Blue Cheese Chicken Bites 	<ul style="list-style-type: none"> Asian Sweet and Sour Chicken or Shrimp Sweet & Sour Sauce Green Peppers, Green Onions, Mushrooms, Carrots Rice 	<ul style="list-style-type: none"> Made to Order Omelets Cheddar and Mozzarella Cheese Ham, Bacon, Sausage Peppers, Onions, Mushrooms Tomatoes, Black Olives Jalapeno Peppers, Spinach 	<ul style="list-style-type: none"> Made to Order Omelets Cheddar and Mozzarella Cheese Ham, Bacon, Sausage Peppers, Onions, Mushrooms Tomatoes, Black Olives Jalapeno Peppers, Spinach
	Turkey and Tomato Panini	V Blueberry Cheddar	Buffalo Chicken Panini	Cheesesteak Panini	Chicken Avocado and Goat Cheese	Self Serve Deli	Self Serve Deli
<i>Main Plate</i>	<ul style="list-style-type: none"> V Country Fried Steak & Peppered Gravy V Mmushroom Bolognese V Mashed Potatoes VeGF Roasted Broccoli V Honey Glazed Carrots 	<ul style="list-style-type: none"> V Chicken Piccata V Roasted Red Pepper and Asiago Polenta VeGF Steamed Brown Rice GF Broccoli Raab V Garlic-Parmesan Zucchini 	<ul style="list-style-type: none"> Chicken and Dumplings Ve Blakened Tofu GF Baked Beans Ve Stewed Tomatoes and Okra VeGF Corn Casserole 	<ul style="list-style-type: none"> GF Southwestern Ham Casserole VeGF Portabella Mushroom and Tomato Saute V Four Cheese Potatoes VeGF Roasted Cauliflower VeGF Corn and Cilantro 	<ul style="list-style-type: none"> GF Thai Beef Curry V Lo Mein with Vegetables V Roasted Rosemary Yukon Gold Potatoes V Green Bean Casserole VeGF Boccoli, Cauliflower & Carrot Medley 	<ul style="list-style-type: none"> GF Chicken & Broccoli Casserole V Hungarian Style Braised Mushrooms V Spanish Rice V Corn with Roasted Red Bell Peppers & Parsley 	<ul style="list-style-type: none"> GF Roasted Inside Round with Garlic, Mushroom Sauce V Garlic Broccoli Orzo VeGF Roasted Rosemary Red Skin Potatoes VeGF Steamed Broccoli
	GF Roasted Pork loin with Maple Bacon Glaze	GF Tilapia Piccata	GF BBQ Ribs	GF Beef Eye-Round with Infused Garlic	GF Herbed Baked Catfish		
	<ul style="list-style-type: none"> V Cheese Pizza Pepperoni Pizza V Veggie Pizza BLT Pizza 	<ul style="list-style-type: none"> V Seafood Pasta Alfredo Sauce Garlic Bread Cheesy Bread V Cheese Pizza (1:30pm - 4:30pm) Pepperoni Pizza (1:30pm - 4:30pm) 	<ul style="list-style-type: none"> V Cheese Pizza Pepperoni Pizza V Veggie Pizza Buffalo Chicken Pizza 	<ul style="list-style-type: none"> V Baked Spaghetti & Meatballs V Baked Spaghetti Garlic Bread Cheesy Bread V Cheese Pizza (1:30pm - 4:30pm) Pepperoni Pizza (1:30pm - 4:30pm) 	<ul style="list-style-type: none"> V Cheese Pizza Pepperoni Pizza V Veggie Pizza V White Pie 	<ul style="list-style-type: none"> V Cheese Pizza Pepperoni Pizza Breakfast Pizza 	<ul style="list-style-type: none"> V Cheese Pizza Pepperoni Pizza Cinnamon Bread
	<ul style="list-style-type: none"> Grilled Marinated Chicken Breast V Grilled Cheese V Cheese Sticks VeGF Crinkle Cut Fries 	<ul style="list-style-type: none"> Hand Pattied All Beef Hamburger Black Bean Burger Shaved Turkey Sliders VeGF Waffle Cut Fries 	<ul style="list-style-type: none"> Grilled Marinated Chicken Breast Grilled Cheese Sloppy Joe Ve Straight Cut Battered Fries 	<ul style="list-style-type: none"> Hand Pattied All Beef Hamburger V Turkey Burger Grilled Ham & Gouda Ve Panko Breaded Onion Rings 	<ul style="list-style-type: none"> Grilled Marinated Chicken Breast All Beef Hot Dog V Corn Nuggets VeGF Shoestring Fries 	<ul style="list-style-type: none"> Hand Pattied All Beef Hamburger Chicken Fritter Egg and Cheese Bagel Ve Fries of the Day 	<ul style="list-style-type: none"> Grilled Marinated Chicken Breast Veggie Burger Mexican Breakfast Wrap Ve Fries of the Day
	<p>Fresh Crisp Lettuce, Garden Vegetables, Salad Toppings, and Assorted Dressings Cut Fruit, Yogurt, Cottage Cheese, and Toaster Station *(gluten free bread available) Hummus and a Variety of Composed Salads</p>						
	<ul style="list-style-type: none"> Ve Cuban Black Bean Ve Vegetable Garden Soup Soup du Jur 	<ul style="list-style-type: none"> Ve Cuban Black Bean Ve Vegetable Garden Soup Soup du Jur 	<ul style="list-style-type: none"> Ve Cuban Black Bean Ve Vegetable Garden Soup Soup du Jur 	<ul style="list-style-type: none"> Ve Cuban Black Bean Ve Vegetable Garden Soup Soup du Jur 	<ul style="list-style-type: none"> Ve Cuban Black Bean Ve Vegetable Garden Soup Soup du Jur 	<ul style="list-style-type: none"> Cuban Black Bean Soup du Jur 	<ul style="list-style-type: none"> Cuban Black Bean Soup du Jur

* Contains or may contain raw or undercooked ingredients. Consuming raw or uncooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.