



Your Guide to Meal Plans

Residential Plans



PLATINUM*

285 Meal Swipes/Week
Avg. 18-19 Meals/Week
\$50 Flex Dollars

GOLD

230 Meal Swipes/Week
Avg. 14-15 Meals/Week
\$50 Flex Dollars

SILVER

190 Meal Swipes/Week
Avg. 12-15 Meals/Week
\$50 Flex Dollars

BRONZE

150 Meal Swipes/Week
Avg. 9-10 Meals/Week
\$50 Flex Dollars



Additional Flex



Looking for more Flex Dollar options with your Residential Plan? Scan the QR code to view available plans.



Commuter Plans

50 BLOCK

50 Meal Swipes/Semester
\$50 Flex Dollars

25 BLOCK

25 Meal Swipes/Semester
\$50 Flex Dollars

* Ideal for athletes & students who stay on campus most weekends

Meal Plan FAQ

■ What are flex dollars?

Flex dollars are student dollars that can be used to purchase meals and snacks at Pearsons Dining Hall, Isaac's Cafe, and Scots' C-Store. Additional flex dollars can be purchased throughout the semester in any amount.

■ What is meal exchange?

Meal exchange at Isaac's allows meal plan participants to forgo a meal at Pearsons and instead enjoy a convenient meal featuring an entree, a side, and a fountain drink.

■ Will dining services accommodate my special dietary needs?

Our Pure + Simple station in Pearsons offers a wide selection of worry-free foods. We prepare each dish with the highest attention to preventing cross-contact. For personalized support, please don't hesitate to speak with a manager or contact us at ma4018@metzcorp.com.

■ How does dining services support student athletes?

Student athletes have comprehensive nutritional support. This includes the optional Platinum meal plan, extended hours at Isaacs, and enhanced protein options at Villa Toscana, such as Fired Up proteins and vegetables at dinner. For added convenience, protein packs are available at the Scots' C-Store. Our campus RD also provides free one-on-one video consultations.



At Pure+Simple, everyone can enjoy a worry-free meal. We offer lunch and dinner free of the Big Nine Allergens.

Dining Hours

Pearsons Dining Hall

■ Weekdays

Monday - Friday 7 a.m. - 8 p.m.

■ Weekends

Saturday & Sunday 10:30 a.m. - 1:30 p.m. and 5- 6:30 p.m.

Isaac's Cafe

■ Weekdays

Monday - Friday 11 a.m. - 2 p.m. and 7 - 10 p.m.

■ Weekends

Saturday & Sunday 7 - 10 p.m.

Scots' C-Store

Monday - Thursday 7:30 a.m. - midnight

Friday 7 a.m. - 3 p.m.

Sunday 7p.m. - midnight



*Check out
our daily
menu!*



MARYVILLE
COLLEGE